

Indian Country Journey to Health ECHO Clinic Agenda

Indian Country Journey to Health teleECHO Session – July 11th, 2024

Didactic Presenter	Denee Bex, MPH, RD, CDCES (Diné)
Intended Audience	Medical, Behavioral, and Public Health staff serving Indian Country and all healthcare professionals interested in learning a new skill are welcome to join
Clinical Objectives	<p>Increase the number of AI/AN people receiving best practice behavioral health care by supporting clinicians who work in I/T/U clinics. By the end of this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Explain the importance of trauma-informed care and education for Indigenous families and identify key principles of trauma-informed nutrition education. 2. Describe the challenges faced by Indigenous communities in accessing healthy and culturally appropriate foods and identify strategies for incorporating traditional Indigenous foods in nutrition education. 3. Identify potential barriers to implementing trauma-informed nutrition education for Indigenous communities and develop strategies for addressing these barriers.
Evaluation/CE Credits	<p>Following the session, please complete today’s evaluation by visiting: https://survey.alchemer.com/s3/6775490/Indian-Country-Journey-to-Health-ECHO By completing the evaluation, you will be able to claim CME, CNE, CPE, or a Certificate of Completion</p>
To Join Clinic	<p>At the time of the session, please join us on video by clicking: https://echo.zoom.us/j/93413601610?pwd=YVhMN1NUNIIYWZUZk1CUnFOTEY5QT09 and entering the Password: ECHO</p> <p>If you are unable to join via video, please join the audio connection by dialing: +1 669 900 6833 or +1 646 558 8656 (US Toll), entering Meeting ID: 935 519 79128 and Password: ECHO</p>

Time (MT)	Description	Speaker(s)
8:00am	Welcome Reminder to Sign-In Moment of Silence/Blessing	Maleah Nore Safia Rubaii, MD
8 - 8:45am	Didactic Topic: Empowering Indigenous Families Through Trauma-Informed Nutrition Education	Denee Bex, MPH, RD, CDCES
8:45 - 9am	Questions & Answers	Denee Bex, MPH, RD,
9:00am	Close	Maleah Nore

HIPAA:	<i>All patient information will be de-identified during clinic. All doors to the conference room must be closed.</i>
Pagers/Cell Phones	<i>All pagers and cell phones must be silenced during clinic. Please leave the room to answer a phone call or pager (please mute).</i>

**THIS SESSION MAY BE AUDIO AND VIDEO RECORDED. YOUR PARTICIPATION CONFIRMS YOUR CONSENT TO THIS RECORDING
 PLEASE NOTE: IF PARTICIPATING VIA AUDIO, PLEASE ANNOUNCE YOUR NAME AND YOUR LOCATION. THANK YOU.**

VIDEO TECH SUPPORT: (503) 416-3281

The Northwest Portland Area Indian Health Board/2121 SW Broadway, Suite 300, Portland, OR 97201