# Starting an Effective PHN/PCMH Model to End the Syndemic

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## Objectives



Summarize Steps Taken to Establish an Effective PHN/PCMH Clinic Model



**Explain Team Member Roles and Workflow** 

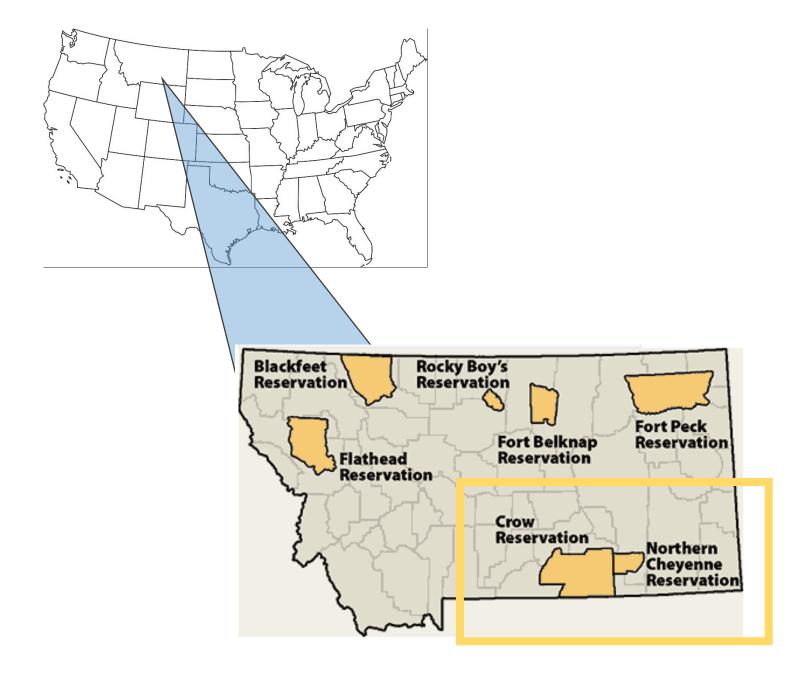


Describe Current Clinic Status and Future Goals

## Our Facility

- Located on the Crow Reservation
- Main hospital in Crow Agency, MT
- Two field clinics in Lodge Grass and Pryor, MT
- Crow: ~11,200 enrolled with ~8,000 living on reservation
- Northern Cheyenne: ~11,266 enrolled and ~5,000 on reservation





#### Public Health Nursing/Patient Centered Medical Home Model

- HCV silo clinic progression
- Chronic Disease State PCMH management
- Detention Center Visits
- Park Visits
- Day to Day Schedule & Tasks



#### **Detention Center Visits**

- PHN staff make regular visits for STI and infectious disease screening and treatment
- Provider visits/medical clearances for transfer
- Pharmacists accompany as needed for patient education
- Patient are educated on HCV status, transmission reduction, treatment options, vaccinations, etc.
- Medications are delivered to the facility
- Immunization Administration

#### Park Visits

- PHN staff and pharmacists make visits to a local park to provide care to people experiencing homelessness
  - Lab draws
  - POC testing (HCV, HIV, Syphilis)
  - Narcan distribution
  - Condom distribution
  - Education



## Collaborative Impact Thus Far

- Tracking 397 Hepatitis C consults
  - 71 documented cures
  - 12 pending SVR
  - 65 spontaneously cleared
- Increased the amount of Narcan (naloxone) in the community:
  - 60 doses dispensed in 2021
  - 98 doses dispensed in 2022
  - 181 doses dispensed in 2023
  - 114 doses dispensed thus far in 2024
- Created/implemented STI standing order to increase timeliness to STI treatment:
  - >400 patients received treatment under standing order since May 2022.

## STI Treatment Integration

- In response to Syphilis outbreak that started end of 2021
- Public Health Nursing department identified delayed initiation of treatment due to provider shortage as a barrier
- Development of Sexually Transmitted Infection Treatment and Testing Standing Order to expedite treatment

## STI Standing Order

- Implemented May 2022
- Applies to individuals ages 14 and up
- Positive cases and known contacts of Gonorrhea, Chlamydia, Syphilis, and trichomoniasis vaginalis
- Patients identified and contact tracing completed by the PHN department
- Pharmacy notified and appropriate treatment is prescribed and dispensed
- PCP or Chief Medical Officer (if no PCP) co-signed to EHR note
- Patient scheduled for follow-up with a provider

Condition	Medication
Chlamydia or known contact of Chlamydia	Doxycycline 100mg PO BID x 7 Days
Uncomplicated Gonorrhea or known contact to Gonorrhea	Under 300 Pounds – 500 mg Ceftriaxone IM X1 300 Pounds and above – 1 GM Ceftriaxone IM X1 Expedited Partner Therapy – Cefixime 800mg PO once (If IM injection cannot be given)
If Chlamydia has not been excluded or co-infection of CT/GC	Under 300 Pounds – 500 mg Ceftriaxone IM X1 300 Pounds and above – 1 GM Ceftriaxone IM X1 AND Doxycycline 100mg PO BID x 7 Days
GC/CT Treatment with Cephalosporin Allergy	Gentamycin 240 mg IM  AND  Azithromycin 2GM PO X1
Syphilis	Penicillin G 2.4 million units IM x 1
Syphilis treatment with Penicillin Allergy (Non-pregnant)	Doxycycline 100mg PO BID x 14 Days
Syphilis treatment with Penicillin Allergy (Pregnant)	Refer to PCP for penicillin desensitization
Trichomoniasis Vaginalis	Tinidazole 2GM PO X1

## Syphilis Statistically Speaking

(Nov 2021 through mid July 2023)

## Testing

- 1016 tested since Nov 2021
  - 102% increase from previous year
- RPR with confirmatory Treponema
  - 2-3 weeks for results
- Treponema Crow Lab:
  - 1 hr in-house results
- Point of Care (POC) Treponema:
  - 168 tested, 20 positive (12%)
  - 10-15 minute results

#### **Patients**

- 352 confirmed cases
  - Most have received some treatment
- Several additional cases transferred to other jurisdictions
- Many cases found were incarcerated
- Contacts can be hard to locate
  - 42% have not been located
- 10 known pregnant with syphilis
  - 3 born with syphilis, one still born 34 wks

## Day to Day Schedule and Tasks: Syphilis case tracking

4	Α	В	С	D	E	F	G	Н	1	J	K	L	М	N	0	Р	Q	R	S	Т	U	V
		MIDIS																				
	Case in	Case							ASSIGNED		CONTACT				6 MO F/U	12 MO						
1	MIDIS	Complete	NAME	Jail?	SEX	DOB	PREG?	DATE DX	TO	TX COMPLETED?	TRACED	RATIO	s/s	STAGE	DATE	F/U DATE	Notes					
2	Υ	γ	Mann, Kay	NO	F	3/4/2005	N	30-May	KELSEY	PCN 6/7/2022	YES	1:32	YES	PRIMARY	11/7/2022	6/7/2023						
3	Υ	γ	Wright, Lefty	NO	М	12/11/1990	N/A	2-Jun	DAWN	7/7, 7/14, due 7/21	YES	1:16	NO	UNKNOWN	1/21/2023	7/21/2023						
4	Υ	N	Miss, Little	YES	F	1/9/1999	γ	29-Nov	KELLY	No, missed 3rd dose	YES	pending	NO	UNKNOWN	11/4/2022	5/4/2023	Pregnant,	, missed 3r	rd dose, n	eeds to be	found/ret	reated
5																						

4	А	В	С	D	Е	F	G	Н	I	J	K	L	М	N
1	Case Status	CONTACTS	JAIL	SEX	D.O.B.	Preg?	STI	Date + Contact	Contact Case Manager Tested? Treated? Results		Notes	Home Visit Needed		
2	Complete	Bloey, Zoey	Υ	М	2/20/1992	NO	Syph/GC	5/13 K. Mann	KELSEY	22-Jun	PCN 6/22	POS	Back living with sig other	YES
3	Pending	Deer, John	N	M	11/22/2000	N/A	syph	7/14 L. Wright	KELLY	18-Jul	PCN 7/18	NEG	F/U test Aug 14	No
4														
5														

## On the Spot Treatment

#### Pharmacy Partners

- Standing orders
- Medication procurement



#### Med Administration Kits

- Medication
- Needles
- Bandages
- Alcohol wipes
- Investigation forms
- Sharps containers
- Epi Pens
- Gloves



## On the Spot Testing



#### **STI Test KITS**

- Alcohol wipes
- Tourniquets
  - Needles
- Blood tubes
- Urine cups
  - Labels

## Community/Public Health Pharmacist

## What does a Community Health Pharmacist do?

- Screening and treatment for STIs, Hepatitis C and other communicable diseases
- Substance Use Disorder management and treatment
- Increased screenings and education opportunities in detention centers and school
- Patient home visits (discharge medication reconciliation, medication management, patient/family education)
- Increased access to care for homeless patients (SUD, birth control, naloxone)
- Vaccines for Children program management

#### Over-the-Counter Medications

- Pharmacists are able to place orders for OTC medications in their own name per policy for acute or chronic conditions
- Patients are seen on a walk in/as needed basis. No consult required.
- Face-to-face encounters preferred; proxy visit or telephone encounters allowed at pharmacist discretion
  - APAP, capsaicin cream, menthol/methyl salicylate cream, permethrin shampoo, seasonal allergy treatment, dry/itchy skin treatment, acne, sunscreen, vitamins, etc.
  - PlanB
- Assists patients in self-management of their symptoms
- Frees up provider visits for more complex issues

## Naloxone Policy

- Provided to patients, family members, friends, or any other person who is in a position to assist a person at risk
  - Requestor must have an established chart
- Opioid overdose and naloxone training provided by dispensing pharmacist



## Harm Reduction

- Condoms
- PrEP
- Education!
- Substance use disorder treatment info/education
- Birth control policy discussion

## Community Health PGY-1 Residency Learning Experience

- New 4 week residency rotation completed March 2024
- Pharmacist working in PHN department full time
- Completed backlog of HCV consults
  - Improved pending SVR from 30 to 12
  - Found and documented 22 cures
- Home visits for INR monitoring
- Home visits for medication reconciliation and counseling
- On the spot patient education for walk-in PHN visits
- 2 more residents scheduled for this rotation in 24/25

## Next Steps & Goals

- Screen & educate 100% of incarcerated individuals at both the local detention center and county jail for HCV/HIV/STD/SUD
- Integrate substance use disorder treatment and syringe service program
- Provide mobile community screenings, education, and birth control in locations where high risk individuals congregate
- Provide HIV/HCV/STD/SUD education and resources to youth at local schools
- Pharmacy led communicable disease treatment program
- Telehealth (behavioral health) availability at detention center
- Medicaid provision of care to incarcerated inmates

## Questions?