

Introduction to Peer Mentor's

ONESHA COCHRAN- MY
STORY



What role
does a peer
play in
reducing
harm?



Outreach the Heart of a peers role

What I put in the bag

FOOD/Cell ph

DOG/CAT FOOD

NARCAN

NEEDLES

WARM

TENTS

GIFT CARDS

WATER/REUSABLE

CLOTHES/COATS

LE BOTTLES

PIPES

BALNKETS

BAR B Q GRILLS

LOTS OF SOCKS

BACK PACKS



Facing stigma With Needle Exchange

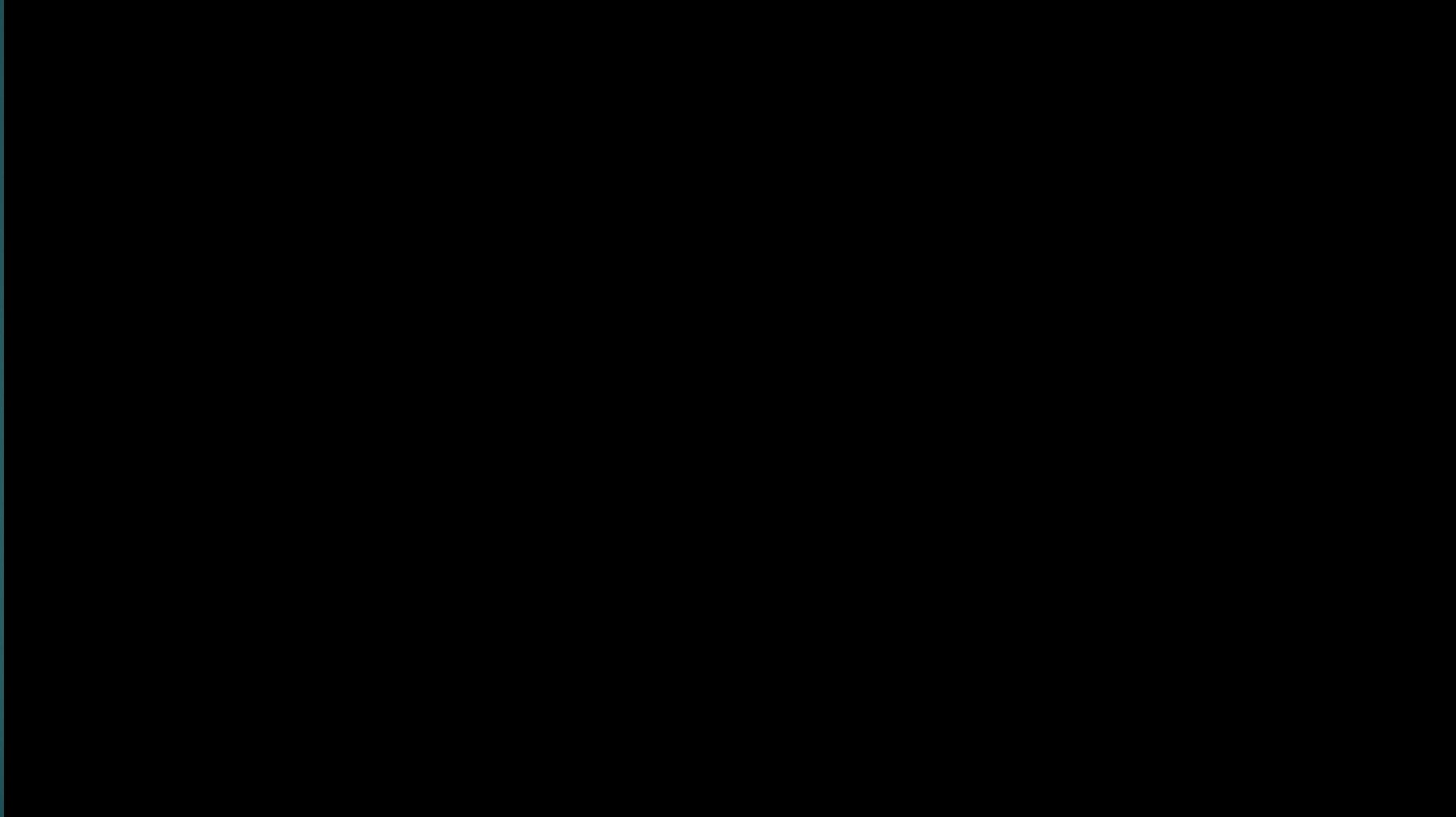


Can Peer Support Help People
change?



When Harm Reduction is Implemented without Judgement the Person may gradually change

The Hard Part is Inspiring Participants to believe change is possible





I WAS A PEER AS
PART OF THE IMPACT
PROGRAM AT OHSU,
WHICH HELPED ME
NAVIGATE AND
TRANSITION INTO A
NEW WAY TO LIFE.

I WORKED CLOSELY
WITH MY MENTOR
AND AM NOW
COMING BACK WITH
HOPES TO INSPIRE
OTHERS AND
MOTIVATE THEM TO
DO THE SAME.

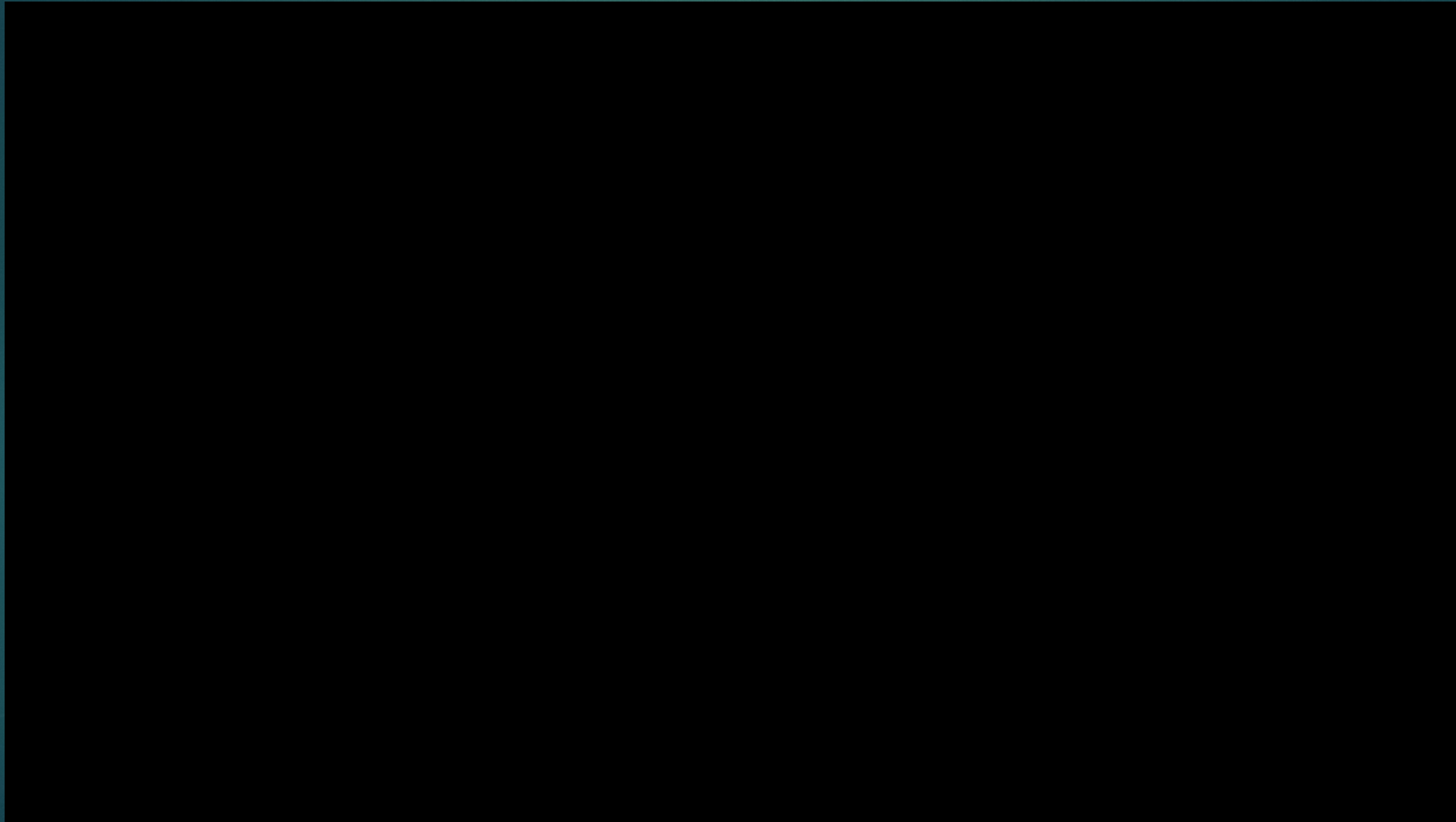
And When
They
Believe.....



Peer Mentors in Nontraditional Settings



The IMPACT TEAM



Ways to safe



LET'S REVIEW

MEET
PEOPLE
WHERE
THEY
ARE

DRUG ABUSE
IS A HEALTH
ISSUE, NOT A
CRIMINAL ONE

SUPPORT,
NOT
STIGMA

THERE'S MORE
THAN ONE
PATH TO
RECOVERY

THERE'S NO
RECOVERY FROM
FATAL OVERDOSE

THE
OPPOSITE OF
ADDICTION IS
CONNECTION

NOT EVERYONE
IS READY TO
STOP USING
DRUGS

WE CAN
PREVENT
DEATH BY
OVERDOSE



QUESTIONS