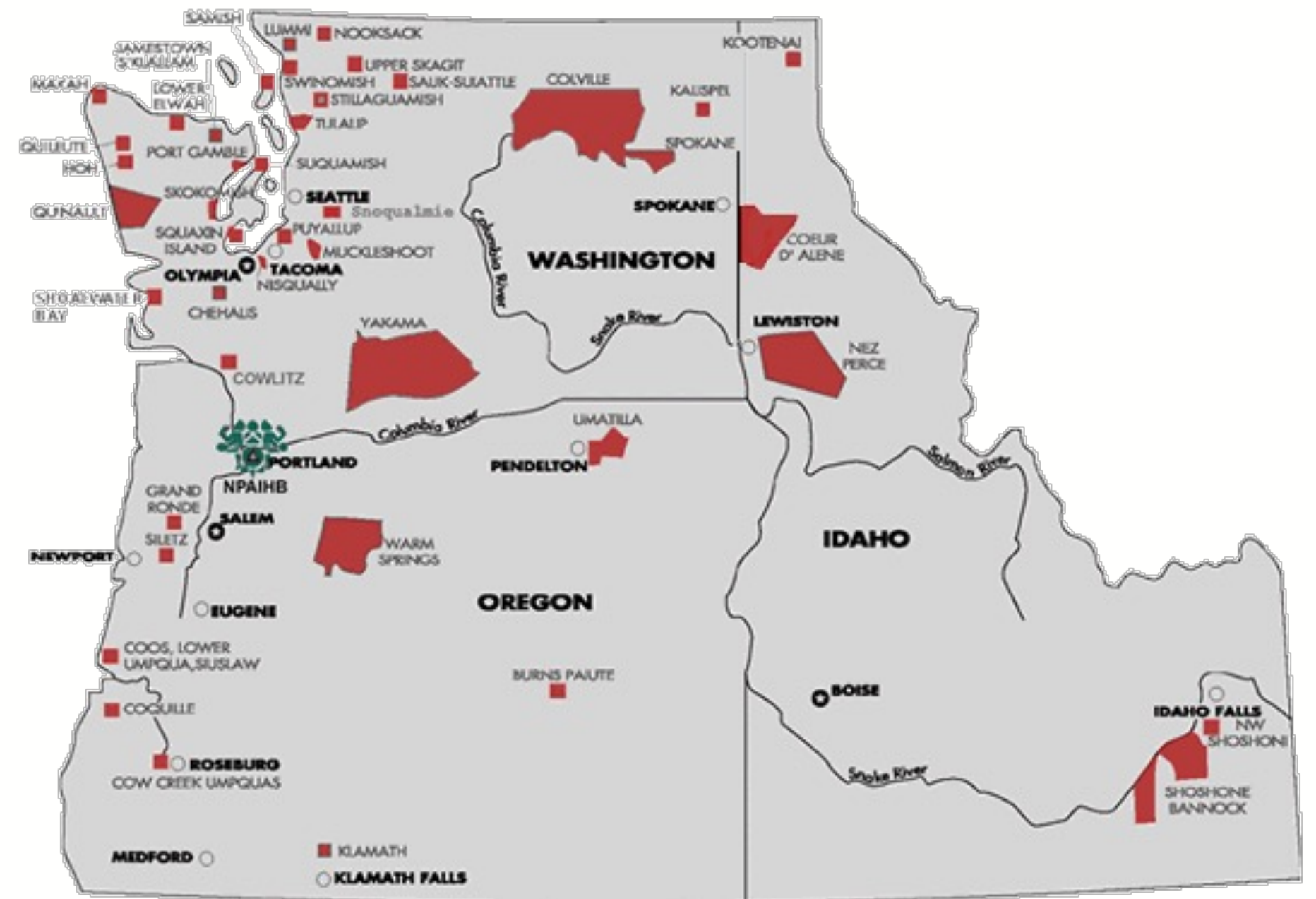




Integrated Oral Health Care

Northwest Portland Area Indian Health Board

Established in 1972, NPAIHB is a non-profit tribal advisory organization serving the 43 federally recognized tribes of Oregon, Washington and Idaho.



Pregnancy and Dental Considerations



Challenges

- Availability
 - Provider Shortage
- Accessibility
 - Wraparound coverage
 - Community Settings
- Mistrust
 - Historical Trauma
- Insurance coverage
 - No insurance or Medicaid



CareQuest Institute for Oral Health. American Indian and Alaska Native Communities Face a 'Disproportionate Burden of Oral Disease': Reversing Inequities Involves Challenges and Opportunities. Boston, MA: March 2023. DOI:10.35565/CQI.2023.2002

National Indian Health Board:Resolution 18-05. (2018). Support for promoting and expanding maternal oral health care for pregnant American Indians and Alaska Natives

Pew.The Oral Health Crisis Among Native Americans. (2015). <https://www.pewtrusts.org/en/research-and-analysis/fact-sheets/2015/06/the-oral-health-crisis-among-native-americans>

Opportunities

- Innovative Workforce Models
- Integrated Healthcare
- Community Based Care Options
- Culturally Safe Healthcare Delivery





Innovative Workforce Models

The Dental Health Aide Program

- Authorized through the Indian Health Care Improvement Act specifically to serve in Indian Country
- Federally certified providers
- Successful at reducing oral health disparities in Alaska
- Six Levels of Dental Health Aides
 - PDHA I & II, EFDHA I & II, DHAH, DHAT



Training and Education

DHAs are often tribal members who live, work and serve in their community

- Patient Centered Care
- Trauma Informed Care
- Culturally Safe Care



DHAs in Maternity Programs



Oral Health ECHO Webinars



The screenshot shows the top navigation bar of the Indian Country ECHO website. On the left is the logo for Indian Country ECHO, which includes a circular emblem with various symbols and the text "INDIAN + COUNTRY ECHO". To the right of the logo are links for "Join Us", "Ask a Clinical Question", "Submit a Case", and "myECHO Register / Login". Below these links is a search bar with a dropdown menu set to "Whole Site" and a search input field containing "Search...". To the right of the search bar are icons for a magnifying glass and a play button. Below the search bar is a horizontal navigation menu with the following items: "ECHO Programs", "Get Assistance", "Resources", "Schedule", and "Our Story". Below the navigation menu is a large banner for the "Oral Health ECHO Program". The banner has a teal background with a pattern of stylized fish and arrows. The text "Oral Health ECHO Program" is centered in white. Below the banner text are four links: "Program Calendar", "Past Presentations", "Resources", and "Our Faculty".

Next: July 10, 2024: Medical-Dental Integration at Oklahoma City Indian Clinic

- <https://www.indiancountryecho.org/program/oral-health-echo-program/>
- Submit a case! – tmason@npaihb.org, mdavis@npaihb.org, drkellydds@npaihb.org

Medical-Dental Integration at Oklahoma City Indian Clinic

Presented By:

Monica McKee, MPH, RDH
VP Allied Services, Oklahoma City
Indian Clinic



Integrated Dental Hygiene



- An innovative approach to improving oral health outcomes by introducing trained dental professionals into the Medical setting.
- At OKCIC, Integrated Registered Dental Hygienists (I-RDH) are integrated into multiple medical clinics with their primary focus being the relationship between oral and overall health.

A Dental Visit at the Doctor?



Prenatal Visits

- The I-RDH evaluates several things such as plaque index, gingival health, dental caries, presence of disease, etc.
- Pregnant mothers receive an oral health assessment at initial appointment when pregnancy is confirmed
- Each mom is scheduled a comprehensive dental exam, and all identified dental needs are scheduled.
- At each subsequent visit, oral hygiene instructions are tailored to the applicable trimester and/or symptoms the mother is having
 - Morning sickness
 - Cravings
 - Bleeding gums

A Dental Visit at the Doctor?

During a Pediatric Visit:

1. The I-RDH evaluates several things including plaque index, gingival health, dental caries, presence of sealants, signs of bulimia, and any signs of abuse or neglect.
2. Topical Fluoride Application
3. If a family is scheduling their child's first dental appointment, the I-RDH will schedule that child to see them in-clinic personally.



A Dental Visit at the Doctor?

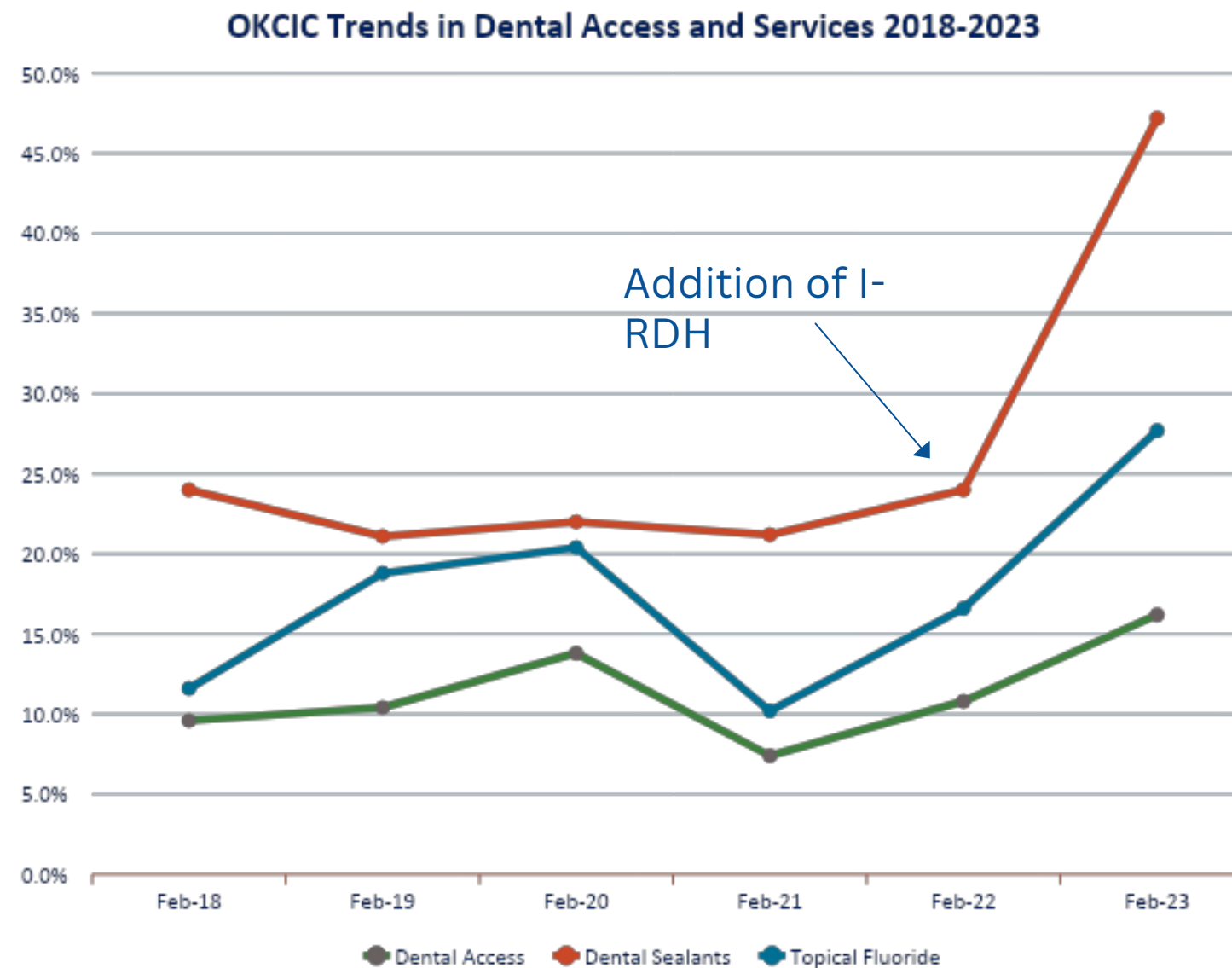


After delivery, care is continued for both mom and baby at follow-up medical appointments.

Improvements in Dental Quality Metrics 2018-2023

Since the addition of the first I-RDH, OKCIC has seen a significant increase in each of the three quality measures reported to Indian Health Services.

- Dental Access
- Dental Sealants
- Topical Fluoride



Thank You

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mdavis@npaihb.org

Helpful Resources

Government of Canada. Healthy pregnancy for First Nations and Inuit. <https://www.sac-isc.gc.ca/eng/1581523249046/1581523302054>

ADA. (2023) Pregnancy and your dental health). <https://www.mouthhealthy.org/life-stages/pregnancy/pregnancy-dental-concerns>

Childrens Dental Health Project. (n.d.). Endcavities:During pregnancy. <http://www.endcavities.org/during-pregnancy>

