

10/15/2024

Trevor Young, MD

Growing the Ability to Deliver Quality Healthcare to American Indian and Alaska Native People.

Objectives



- I. Review clinical presentation of BCC
- II. Diagnosis and treatment
- III. Practice cases

Skin Cancers



- Skin cancers make up the most common malignancy in the US
- Most common type of skin cancers: BCC > SCC> melanoma
- In most cases, early diagnosis and excision are considered curative



- Most common type of skin cancer
- Risk factors:
 - UV radiation
 - Ionizing radiation
 - Fair skin
 - Immunosuppression
 - Age
 - Genetics (Basal cell nevus syndrome)



- Clinical subtypes:
 - Superficial
 - Nodular
 - Morpheaform/infiltrative
 - Pigmented
- Pathologic subtypes:
 - Superficial, nodular, sclerosing/morpheaform/desmoplastic, micronodular, basosquamous,

Nodular







Nodular







Superficial



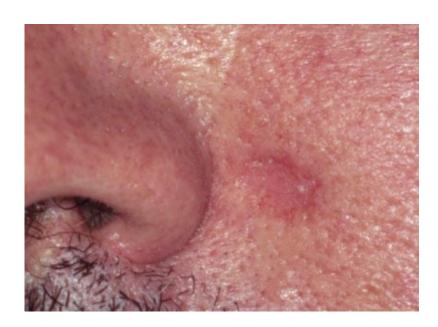




Morpheaform







Differential diagnoses:





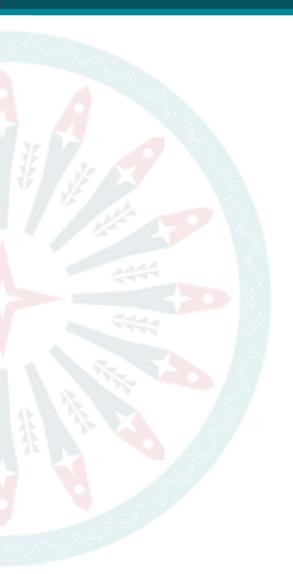
Differential diagnoses:







- Diagnosis:
 - Shave biopsy



Treatment:

- Risk stratify Low risk versus high risk
 - Low risk: < 2cm, nodular or superficial, clear border, trunk or extremities, immunocompetent, primary
- Topical treatment or ED&C Can be considered for low risk
- Excision with 4-6mm margin
- Mohs micrographic surgery



Imiquimod 5% cream

- FDA approved for superficial BCC
- Applied once a day 5x a week for 6 weeks
- Clearance rates ~80%

5-Fluorouracil 5% cream

- FDA approved for superficial BCC
- Applied twice a day for 6 weeks.
- Clearance rate ~70%

Electrodesiccation & Curettage (~80%)



Electrodesiccation & Curettage

- -Appropriate for superficial and small nodular BCCs
- -After numbing with local anesthetic, perform multiple rounds of curettage with a sharp curette followed by electrodesiccation.





Wide local excision

- Treatment of choice for most lower risk BCC
- 4-6mm margin clearance rate >95%

Mohs Surgery

- Treatment for high risk BCCs (some variability between institutions) with lower rates of recurrence compared to WLE

Other: radiation, HHI (Vismodegib or Sonidegib)



Surveillance

- Approximately 15 percent of patients with one BCC subsequently develop another primary BCC within one year, & 35 percent of patients develop a new BCC within five years after their original diagnosis
- Skin check at every 6 months for at least one year then annually
- Emphasize sun protection



Case #1

68 yo pt presents with the following finding -





Case #2

A 35 yo pt presented with the following finding -

Not responding to steroids.



References



- Bath-Hextall F, Ozolins M, Armstrong SJ, et al. Surgical excision versus imiquimod 5% cream for nodular and superficial basal-cell carcinoma (SINS): a multicentre, non-inferiority, randomised controlled trial. *Lancet Oncol*. 2014;15(1):96-105. doi:10.1016/S1470-2045(13)70530-8
- Jansen MHE, Mosterd K, Arits AHMM, et al. Five-Year Results of a Randomized Controlled Trial Comparing Effectiveness of Photodynamic Therapy, Topical Imiquimod, and Topical 5-Fluorouracil in Patients with Superficial Basal Cell Carcinoma. J Invest Dermatol. 2018;138(3):527-533. doi:10.1016/j.jid.2017.09.033
- Rowe DE, Carroll RJ, Day CL Jr. Long-term recurrence rates in previously untreated (primary) basal cell carcinoma: implications for patient follow-up. *J Dermatol Surg Oncol*. 1989;15(3):315-328. doi:10.1111/j.1524-4725.1989.tb03166.x

Final Header



Visit: IndianCountryECHO.org

Trevor Young, MD

PGY-4, Dermatology Resident