# HCV Elimination: Is it Possible?

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## Outline

Basic concepts in HCV elimination

- Status of HCV elimination in the US
- HCV elimination in a Tribal Health System
- •What will it take to eliminate HCV in the US?

# Definitions

World Health Organization calls for global elimination of hepatitis C as a public health threat by 2030

Control:	• The reduction of disease incidence, prevalence, and morbidity to a locally acceptable level
Elimination:	• <b>Reduction to zero</b> of the incidence of an infection caused by a specific agent in a <b>defined geographical area</b>
Eradication	• <i>Permanent reduction to zero of the</i> <i>worldwide</i> incidence of an infection caused by a specific agent

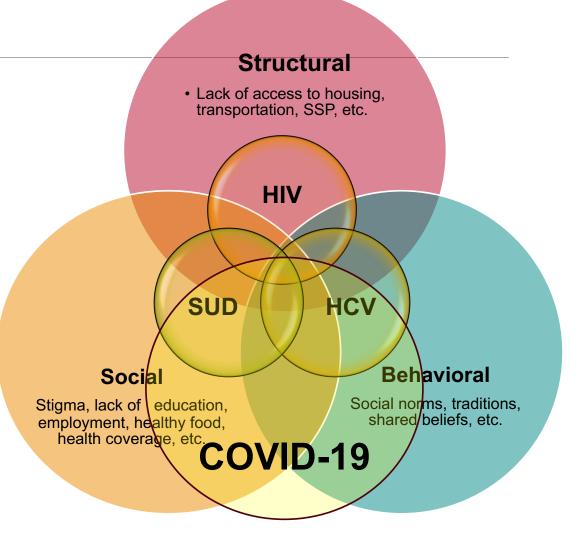
# Syndemic

#### **Core principles:**

Clustering of two or more conditions in a specific population

Their synergism in producing excess burden of disease in a population

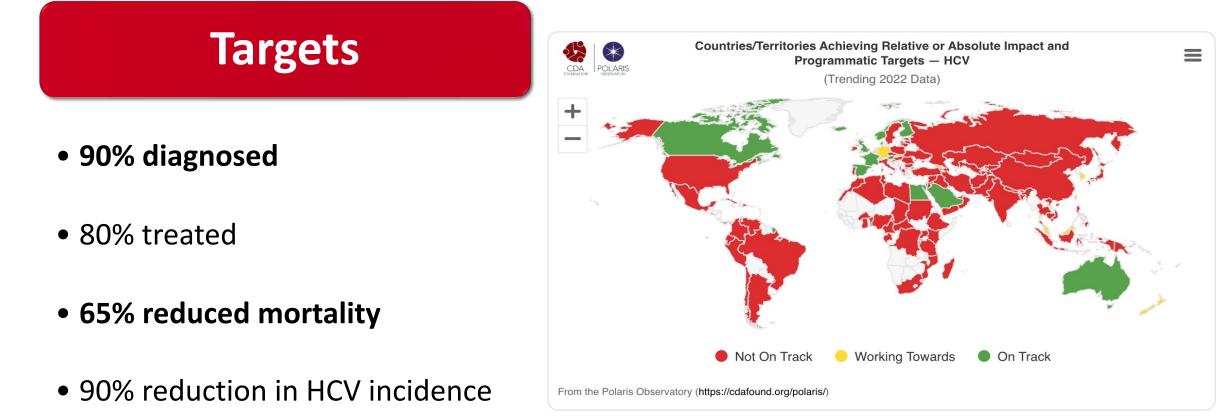
Precipitation and propagation by large scale behavioral, structural and social forces



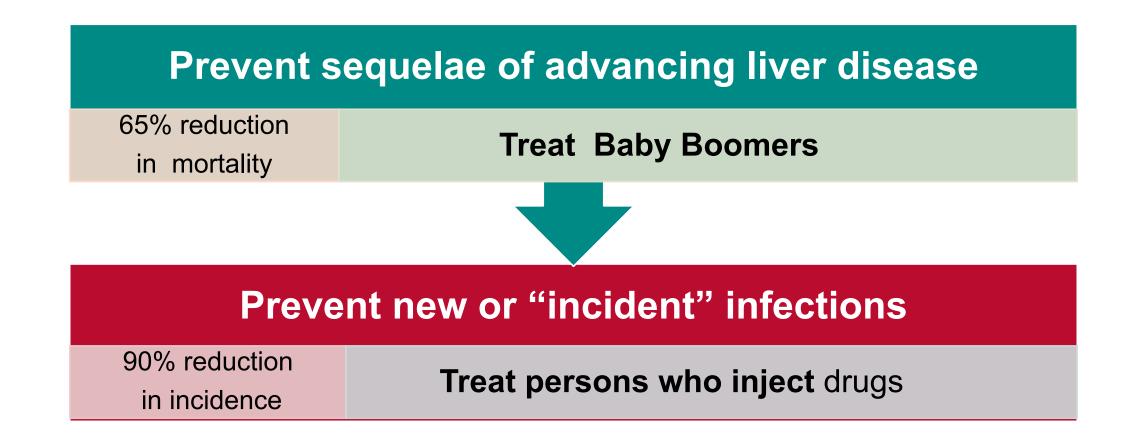


Singer, M. and Clair, S. (2003), Syndemics and Public Health: Reconceptualizing Disease in Bio-Social Context. Medical Anthropology Quarterly, 17: 423-441. <u>https://doi.org/10.1525/mag.2003.17.4.423</u>

## WHO HCV Elimination 2030 Targets



## **Targets to Eliminate HCV**



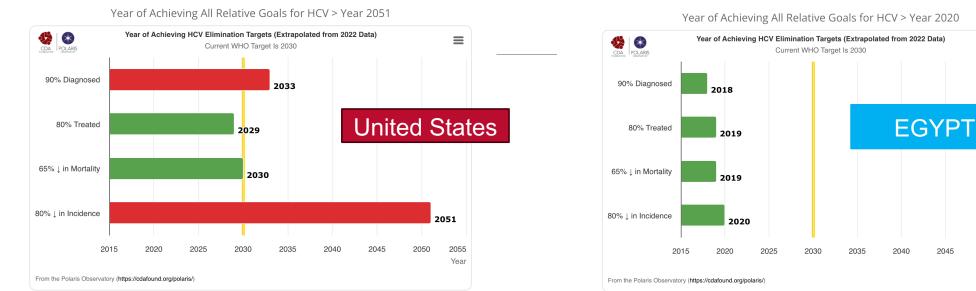
### Year of Achieving HCV Elimination Targets

Current WHO Target Is 2030

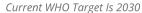
2050

2055

Year



	USA	EGYPT
Universal Health Care	NO	YES
HCV RNA point of care testing	NO	YES
Affordable DAAs for all	NO	YES
Most of HCV care delivered by primary care	NO	YES
Robust harm reduction programs	NO	YES

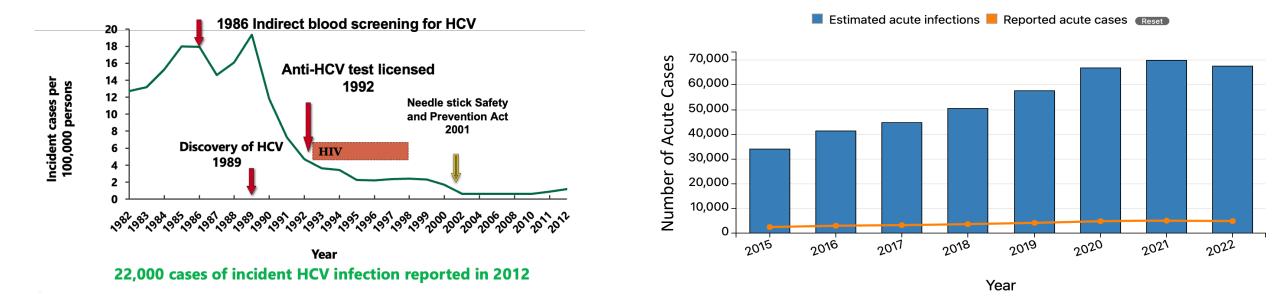




https://cdafound.org/polaris/ Accessed August 22, 2024

#### **HCV Elimination Started with discovery of HCV**

HCV Infections in the US are Rising



- The incidence rate of acute hepatitis C has more than doubled since 2013 and increased 15% from 2019.
- Persons aged 20-39 years had the highest incidence of acute hepatitis C.
- 66% of cases with risk information, reported injection drug use.

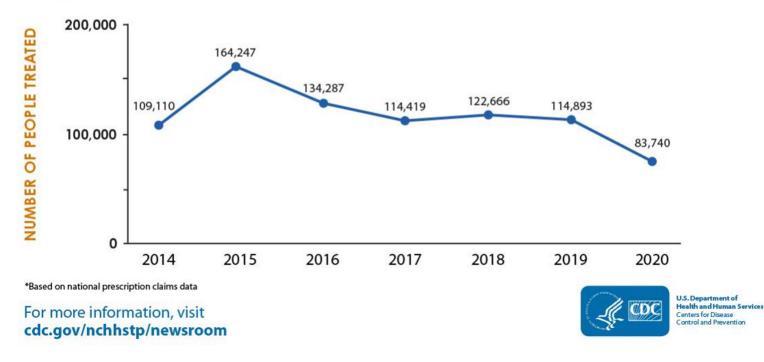
Centers for Disease Control and Prevention. Viral Hepatitis Surveillance Report – United States, 2020., <u>https://www.cdc.gov/hepatitis/statistics/2020surveillance/index.htm. Published</u> September 2022. Accessed July, 2024 2023. Alter MJ JAMA 1990; Jagger J, J infect Dis Pub Health 2008; CDC.gov/hepatitis;



#### **US HCV Cases Increase as Treatment Rates Decrease**

#### THE NUMBER OF PEOPLE WHO INITIATED\* HEPATITIS C TREATMENT IN THE U.S. DECLINED FROM 2015 TO 2020

COVID-19-related disruptions to hepatitis C testing and treatment likely contributed to the decline in 2020

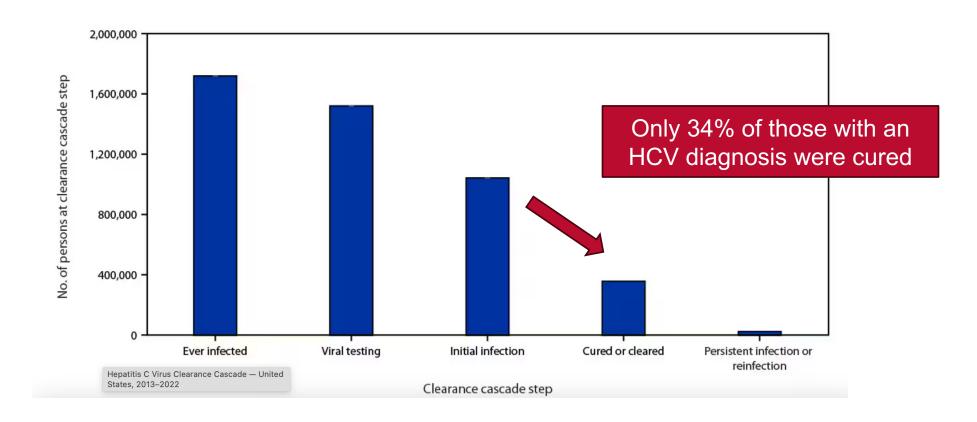


It is estimated that to eliminate HCV > 260,000 people should be treated every year.



Eyasu H Teshale, MD, Henry Roberts, PhD, Neil Gupta, MD, MPH, Ruth Jiles, MS, MPH, PhD, Characteristics of persons treated for hepatitis C using national pharmacy claims data, United States, 2014–2020, Clinical Infectious Diseases, 2022;, ciac139, https://doi.org/10.1093/cid/ciac139, slide credit NVHR/ CHLPI

# Hepatitis C virus clearance cascade using national commercial laboratory data, — United States, 2013–2022

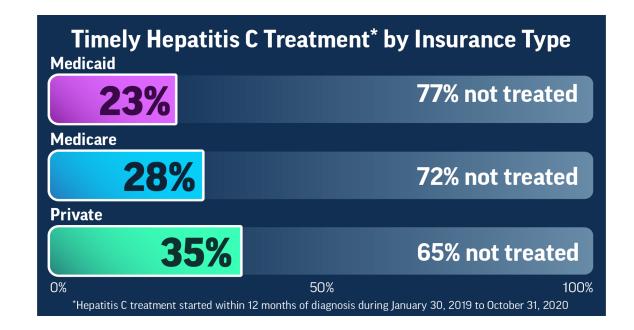




Wester C, Osinubi A, Kaufman HW, et al. Hepatitis C Virus Clearance Cascade — United States, 2013–2022. MMWR Morb Mortal Wkly Rep 2023;72:716–720. DOI: <u>http://dx.doi.org/10.15585/mmwr.mm7226a3</u>.

## **HCV Care: A Health Equity Issue**

- Communities with high HCV impact and with restricted access to treatment
  - Communities of color
  - Rural communities
  - People who have housing insecurity
  - People who use drugs
  - People who have a history of incarceration

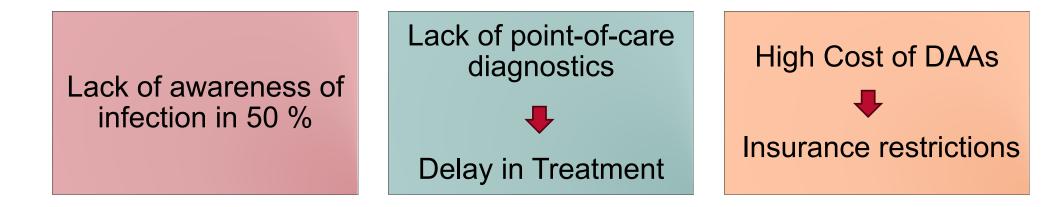


#### **Only 1 in 3 of Insured Receive Timely HCV Treatment**



Thompson WW, Symum H, Sandul A, et al. Vital Signs: Hepatitis C Treatment Among Insured Adults — United States, 2019–2020. MMWR Morb Mortal Wkly Rep 2022;71:1011-1017. DOI: http://dx.doi.org/10.15585/mmwr.mm7132e1. Slide credit: NVHR and CHLPI

# Barriers to HCV Elimination in the US



Treatment not incorporated routinely in primary care

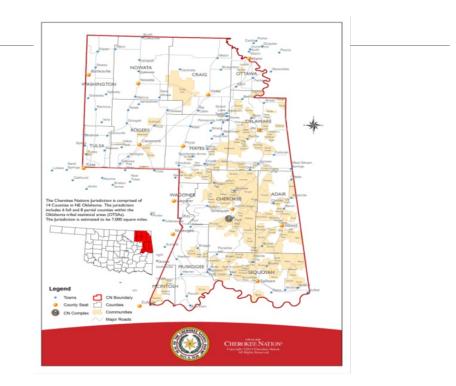
Marginalized populations not properly served (People who are incarcerated, homeless or inject drugs)

#### **Cherokee Nation**

#### **Cherokee Nation Health Services**



- Sovereign Nation within a Nation
- Largest Tribe in the US
- > > 450,000 citizens worldwide
- > 14 county area (over 9,200 sq mi.)
- > 141,000 reside within the reservation



- > Largest Tribal Health System in the USA
- One central hospital and 9 outlying clinics
- Serves > 140,000 American Indian/Alaska Native



#### **Eliminating hepatitis C virus (HCV) as a public health threat:** A comprehensive approach involving various interventions

Leadership and Partners	<ul> <li>Government, universities, pharma</li> </ul>	
Screening and Diagnosis:	<ul> <li>Universal Screening</li> </ul>	
Expanding HCV Workforce	<ul> <li>Training primary care providers through Project ECHO</li> </ul>	
Treatment Access	<ul> <li>Dedicated case managers</li> </ul>	
Prevention Programs	<ul> <li>SSP, MAT, treatment as prevention</li> </ul>	

#### HCV Awareness Day October 31, 2015



"As Native people and as Cherokee Nation citizens, we must keep striving to eliminate hepatitis C from our population." Chief Bill John Baker



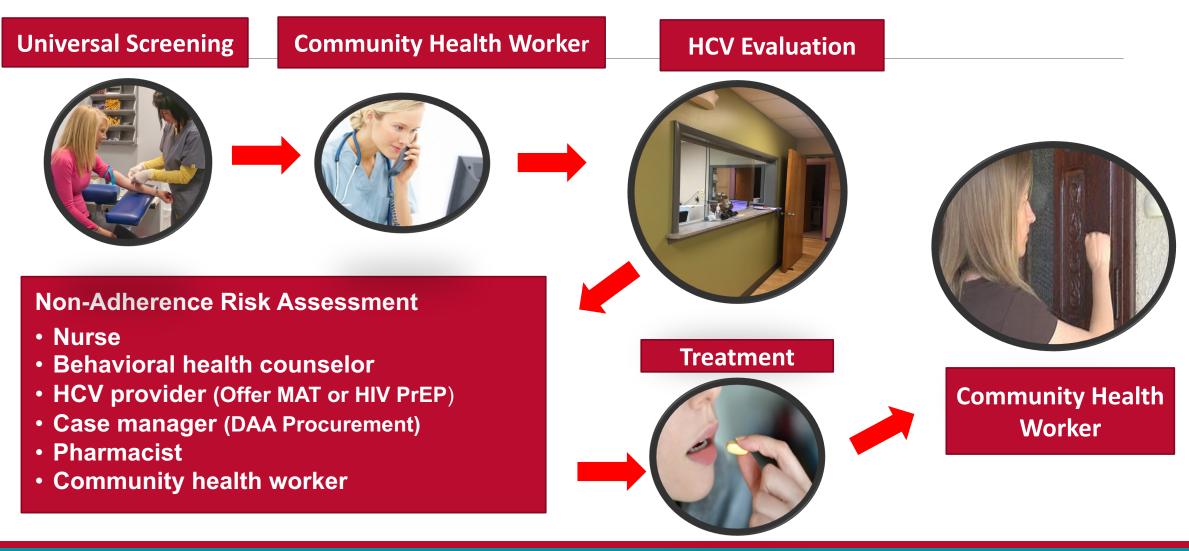
#### **CNHS HCV Screening and Diagnosis:** Interventions

Mage targeted screening	2012-2015: Baby boomer screening 2015-2024: Universal screening
Electronic Health Reminders	Addressed by nurses
HCV Ab reflex to RNA	Health system wide
Lab triggered Screening	ED and UC
Point of care antibody testing	ED, Dental Clinics, SSP, homeless shelter, substance use recovery programs



Source: Cherokee Nation Health Services, 2024

### **The CNHS Syndemic Care Model**

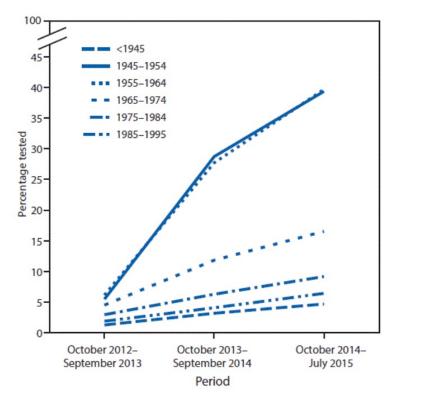


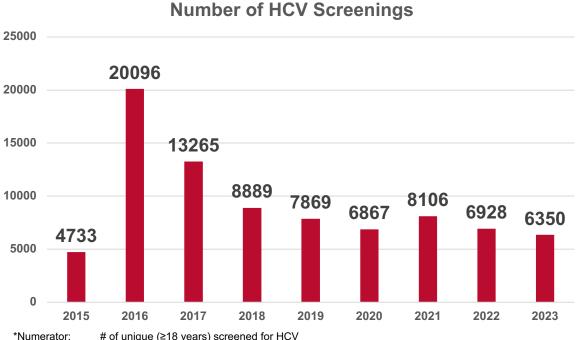


## **CNHS HCV Screening Outcomes**

Cumulative percentage of persons who received one or more hepatitis C virus antibody tests, by birth cohort — Cherokee Nation Health Services, October 2012–July 2015

**Universal Screening** of Individuals Who Accessed the CNHS Screening sites from October 2015-December 2023 and Were Screened for HCV





# of unique (≥18 years) screened for HCV

\*\*Denominator: # of unique patient (≥18 years) who had an encounter in the UC/ED, Hospital, primary care and women's clinic

As of December 2023, **82.5%** of patients > 18 yo who accessed the health system have been screened

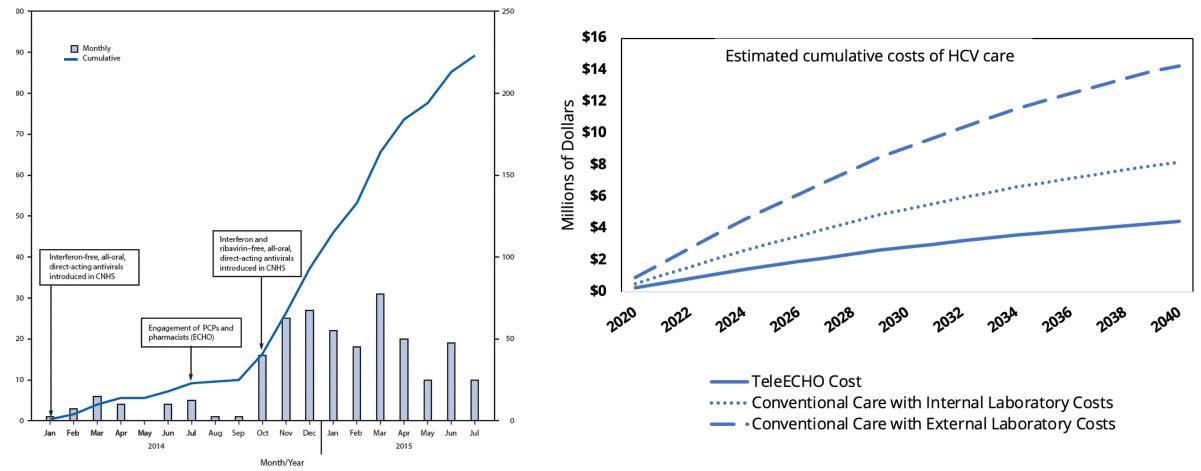
Mera J, Vellozzi C, Hariri S, et al. Identification and Clinical Management of Persons with Chronic Hepatitis C Virus Infection — Cherokee Nation, 2012–2015. MMWR Morb Mortal Wkly Rep 2016;65:461–466.



#### HCV Health Care Infrastructure Strengthening: Incorporating the ECHO Model

Number of patients with hepatitis C virus (HCV) infection who tested RNA positive and initiated all-oral, anti-HCV therapy, by month and cumulative total — Cherokee Nation Health Services (CNHS), January 2014–July 2015<sup>1</sup>

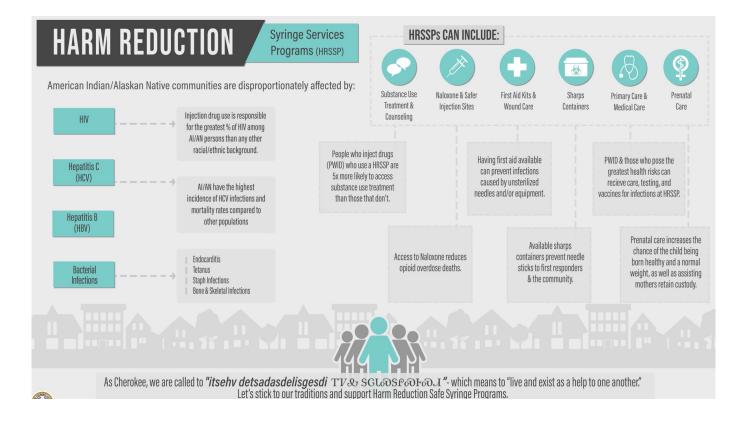
Estimated cumulative costs of care for hepatitis C virus infection via ECHO and conventional care — Cherokee Nation Health Services, Oklahoma, 2020-2040<sup>2</sup>





- 1. Mera J, Vellozzi C, Hariri S, et al. Identification and Clinical Management of Persons with Chronic Hepatitis C Virus Infection Cherokee Nation, 2012–2015. MMWR Morb Mortal Wkly Rep 2016;65:461–466
- 2. 2. Jorge Mera, Molly Feder, Jeri Sawyer, Gretchen Greene, Brigg Reilley, Ashley Wirth, David Stephens, Jessica Leston: Poster 01946 presented at ID Week 2023, Washington, DC

## **CNHS Harm Reduction Program**



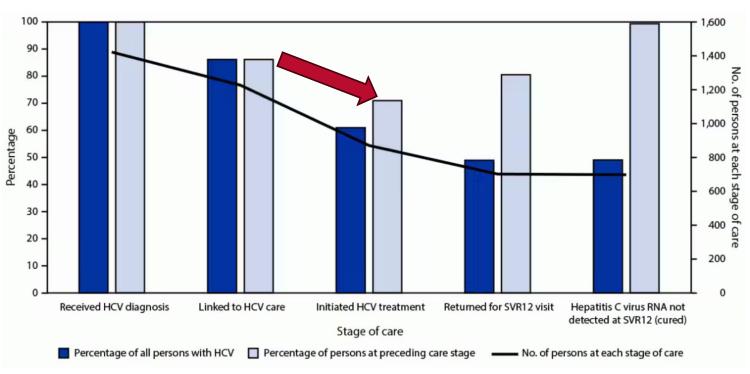
#### MAT services: 798 patients enrolled SSP services: 806 clients enrolled



Source: Cherokee Nation Health Services, 2024

#### Impact of Interventions on CNHS HCV Cascade of Care

Cascade of care among persons with hepatitis C virus infection (N = 1,423) — Cherokee Nation Health Services, Oklahoma, November 2015–October 2020

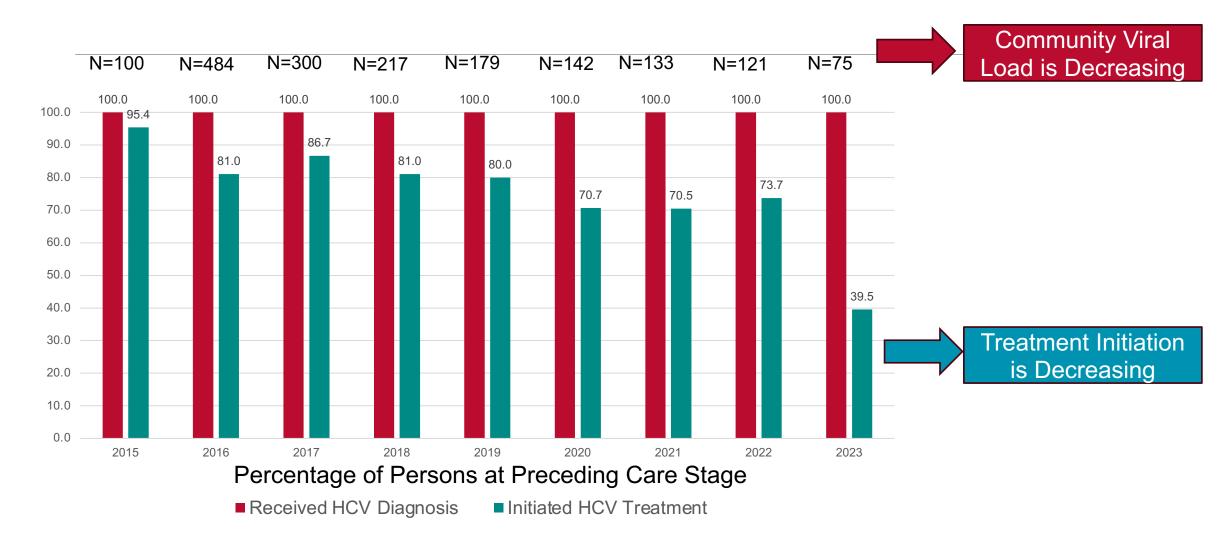


- Five years after implementing a hepatitis C elimination program, Cherokee Nation Health Services (CNHS) had diagnosed hepatitis C in 1,423 persons, 86% of whom were linked to care.
- Although only 61% initiated treatment, 99% of those who completed treatment were cured.
- Barriers to HCV treatment initiation include lack of access to direct-acting antivirals at the time of HCV evaluation.

**Abbreviations:** HCV = hepatitis C virus; SVR12 = sustained virologic response >12 weeks after treatment completion.



#### **CNHS HCV Cascade of Care By Year**





Cherokee Nation Health Services, 2024

## **HCV Screening: Community Outreach**

Site	# of Individuals Screened	<pre># of individuals with     positive HCV     antibody</pre>	Percentage Positive
Food distribution site*	340	11	3.5%
Homeless Shelter	15	2	13%
Syringe service program	162	39	24%
Peer Recovery	51	14	27%
Jail	0	NA	NA



Essex, W., Mera, J., Comiford, A. *et al.* Assessing the Feasibility, Acceptability, and Effectiveness of a Pilot Hepatitis C Screening Program at Food Distribution Sites in Cherokee Nation, Oklahoma. *J Community Health* **48**, 982–993 (2023). Cherokee Nation Health Services, 2024

#### What Will it Take To Eliminate HCV in the CNHS?





### What Will it Take to Eliminate HCV in the US?

Test and treat patients where they are	<ul> <li>SSPs, jails, prisons, MAT clinics, homeless shelters, etc.</li> <li>HCV RNA POC</li> <li>DAAs at affordable prices and available on site</li> </ul>
Access to SSP and MAT	<ul> <li>For al people who need it</li> </ul>
HCV Care	<ul> <li>Mostly delivered by Primary Care and pharmacists</li> </ul>
Social determinants of health	<ul> <li>Address stigma, poverty, housing, food insecurity, mobility, incarceration, etc.</li> </ul>



*"The targets for HCV screening, treatment, and cure should aim for a 100% success rate, otherwise, the most vulnerable persons are at risk of being overlooked and left behind"* 



## THANK YOU QUESTIONS?

