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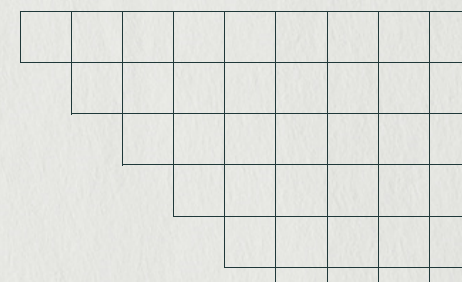
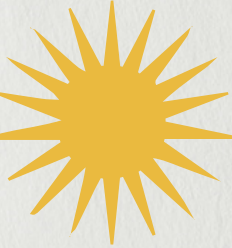


A Cultural and Relational Approach to Education

*The Behavioral Health Aide
(BHA) Education Program*



2024



www.TCHPP.org

NW Elders & Knowledge Keepers Echo

Tribal Community Health
Provider Program (TCHPP)

Introduction*

What is a BHA?

A BHA is a counselor, health educator, and advocate. BHAs help address individual and community-based behavioral health needs, including those related to alcohol, drug & tobacco misuse, as well as mental health problems such as, grief, depression, suicide, and related issues. BHAs seek to achieve balance in the community by integrating their sensitivity to cultural needs with specialized training in behavioral health concerns and approaches to treatment.

Qualities of a BHA:

- Natural helpers
- Community members // Homegrown
- Counselors
- Advocates/Activists
- Holistic caregivers and healers

Common Roles :

- Peer Recovery Mentors, Peer Support Specialists, Traditional Health Workers, Community Health Workers and/or Representatives that want to take the next step in their careers.

www.akchap.org



Behavioral Health Aide/Practitioner



Healing Collective



BHAs are a part of a healing movement, working towards helping our Elders, communities, and future generations thrive.



BHA Education Program

Education

HERITAGE UNIVERSITY

CERTIFICATE IN BHA

The BHA Certificate outcomes include:

- Identifying and analyzing appropriate resources for the Indigenous community as a whole.
- Understand the history and culture of the Indigenous population in which the BHA intends to work and live.
- Implement interventions from an ethical perspective.
- Prioritize removing barriers to the provision of culturally inclusive behavioral health care.

NORTHWEST INDIAN COLLEGE

ATA IN BHA

The BHA Associates of Technical Arts embodies a holistic competency-based instruction, with emphasis in clinical instruction and skills, awareness of cultural influences, emphasis on a positive learning environment, and respect for the unique needs of the adult learner while promoting self-directed leadership, communal responsibility, indigenous value, ethics, and responsibility. The Behavioral Health Aide Associates of Technical Arts Degree reflects the nature of enhancing quality Tribal Health Care to create diverse economic opportunities within Tribal Communities.

www.nwic.edu

www.heritage.edu



Yakaiyastai GormaEtl

BHA Coordinator at NWIC

- Student Support // Relationship Building
- Professor
- Curriculum Developer
- NPAIHB/TCHPP Partner



Educational Sovereignty



61+

Enrolled Students

3+

Yearly Cohorts

12+

Graduated BHAs

3

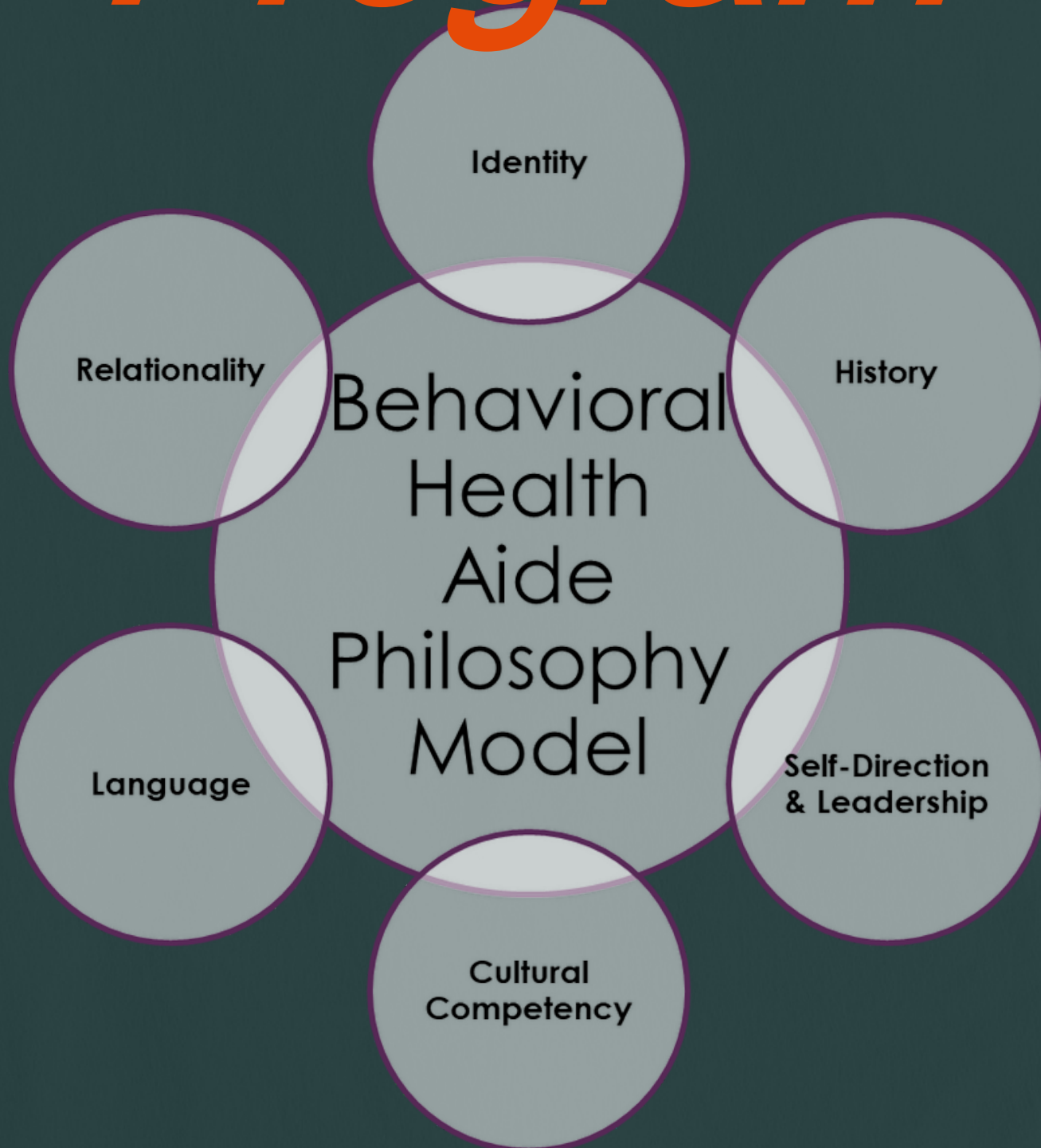
Nationally Certified
BHAs



WHERE →
DOES THIS
SUCCESS
STEM
FROM?

BHA Education Program

A Culturally Unique Program



✦ ↗

BHA Curriculum was carefully, mindfully, and collectively built through an advisory workgroup that dedicated years to the development of the Northwest's BHA Program.

Consideration and perspectives from Tribal Elders, Clinical Providers, Clinicians, Tribal BH departments, and community members.

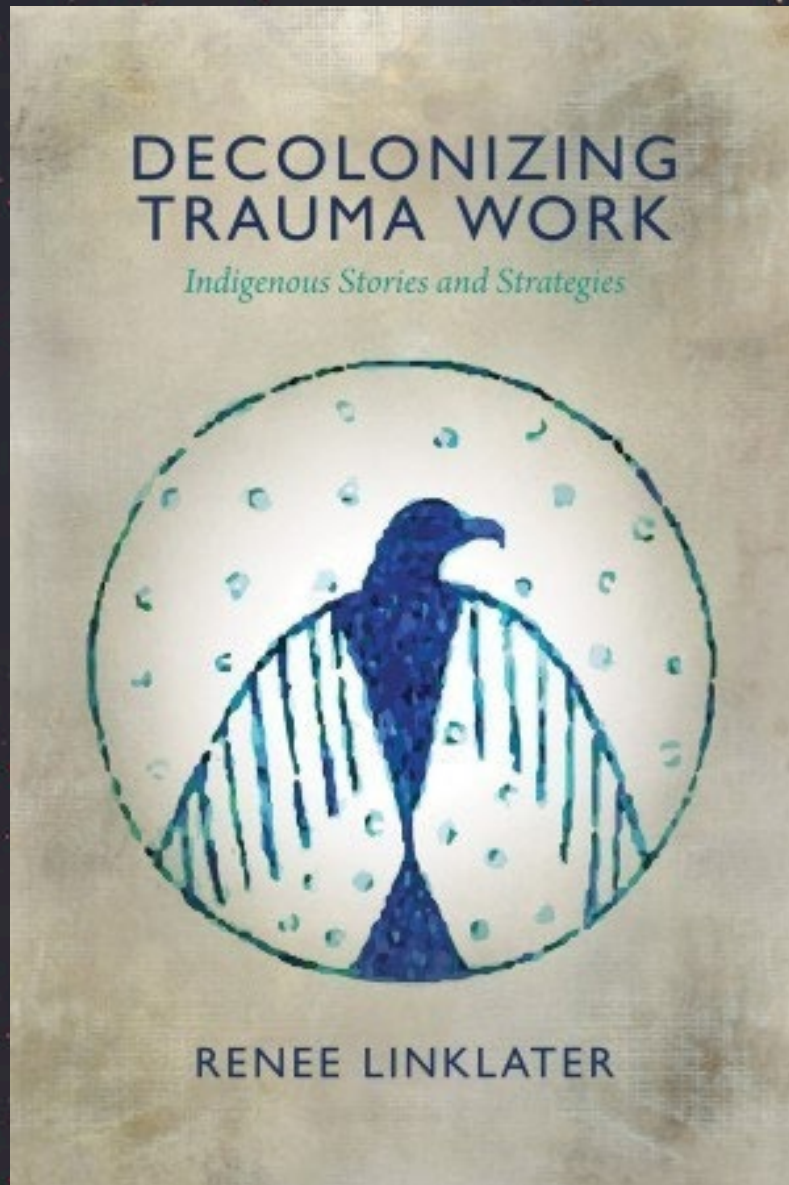
RELATIONALITY

HOLISTIC HEALING



TRIBAL SOVEREIGNTY

Primary BHA education courses include, but are not limited to: Introduction to Behavioral Health; Crisis Intervention; Human Behavior and the Social Environment; SUD 1 and 2; Social Justice and Cultural Diversity; Mental Illness and Diagnosis; Health Privacy and Documentation; Survey of Chemical Dependency; Stress Management; Pharmacology of Substance; Case Management; Chemical Dependency Assessment & Treatment; General Psychology; Relapse Prevention; Multicultural Counseling; Group Facilitation.



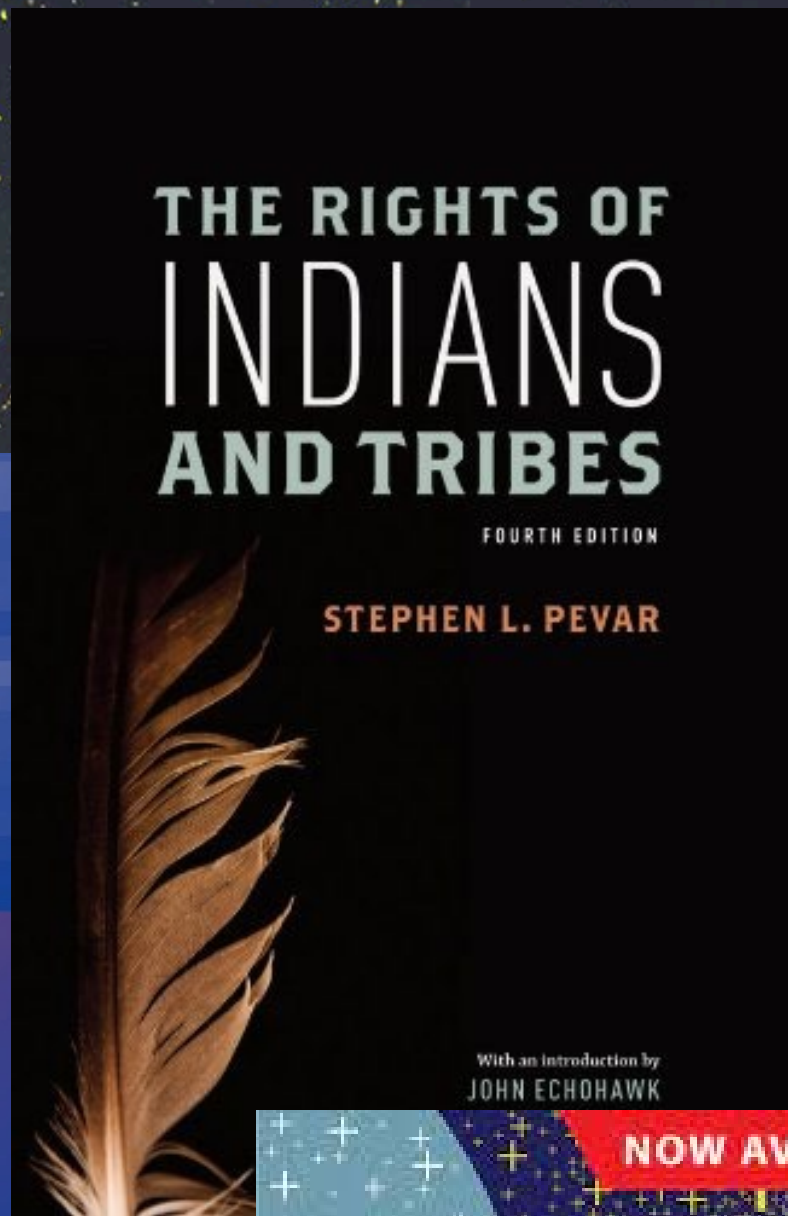
International and Cultural Psychology
Series Editor: Anthony J. Marsella, Ph.D.

Lisa Grayshield
Ramon Del Castillo *Editors*

Indigenous Ways of Knowing in Counseling

Theory, Research, and Practice

 Springer



THE RIGHTS OF INDIANS AND TRIBES

FOURTH EDITION

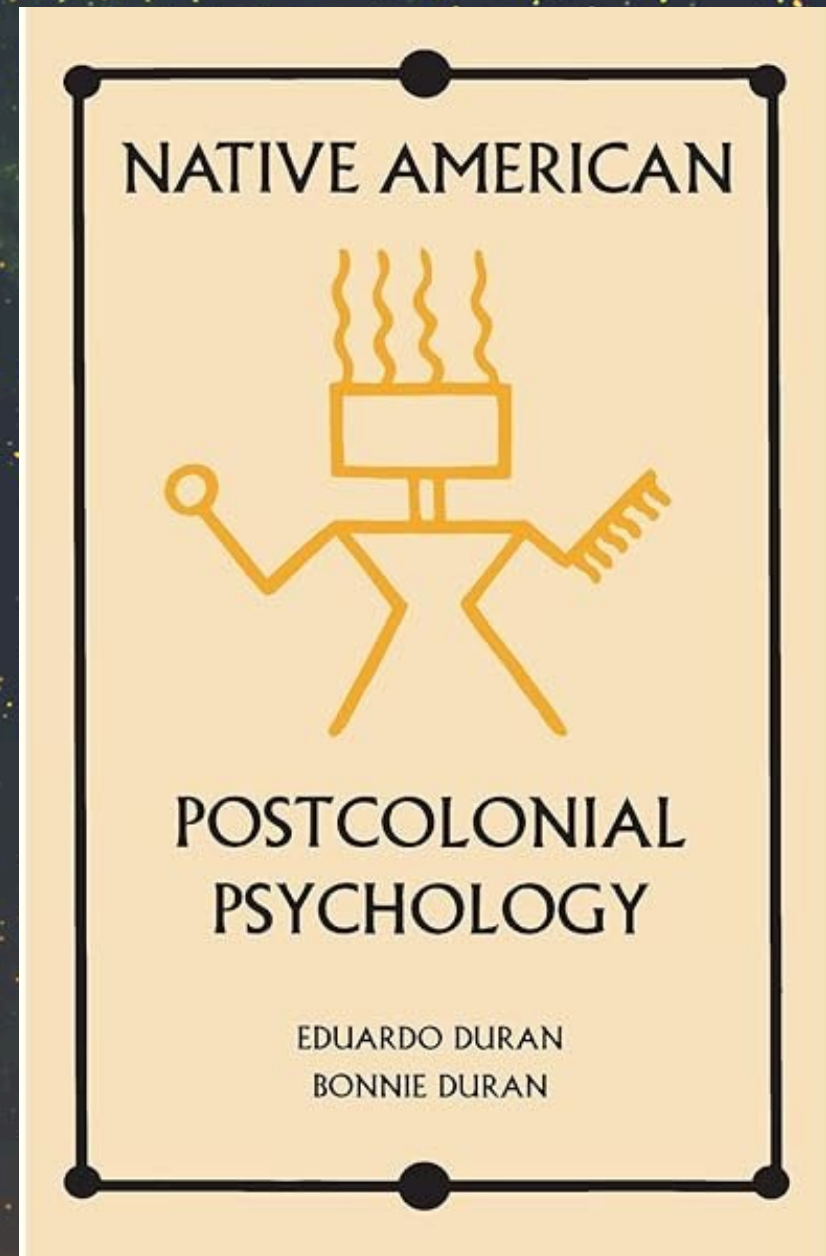
STEPHEN L. PEVAR

With an Introduction by
JOHN ECHOHAWK



Tribal Boarding School Toolkit for Healing

THRIVE FOR HEALTH
KAUFFMAN



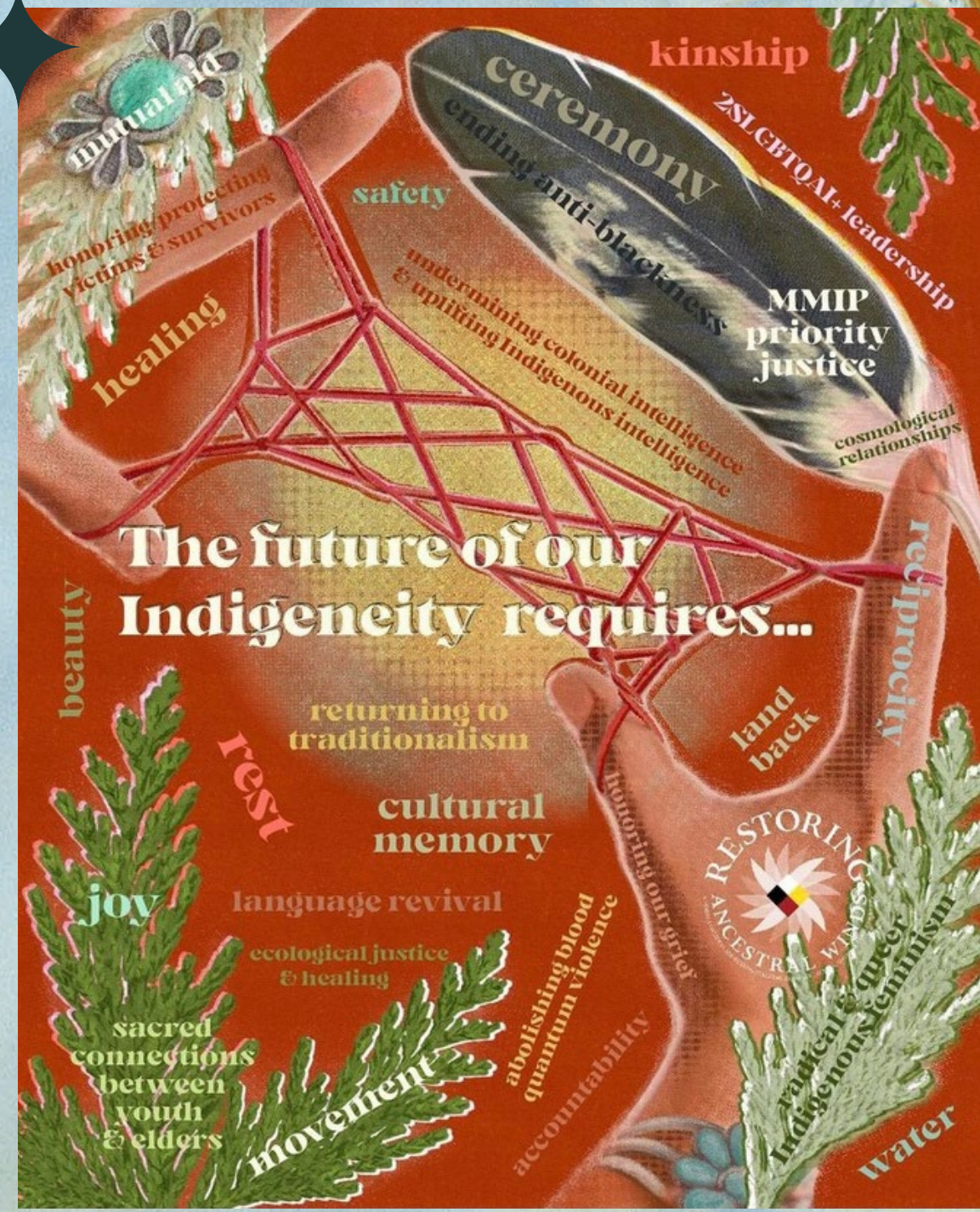
NATIVE AMERICAN

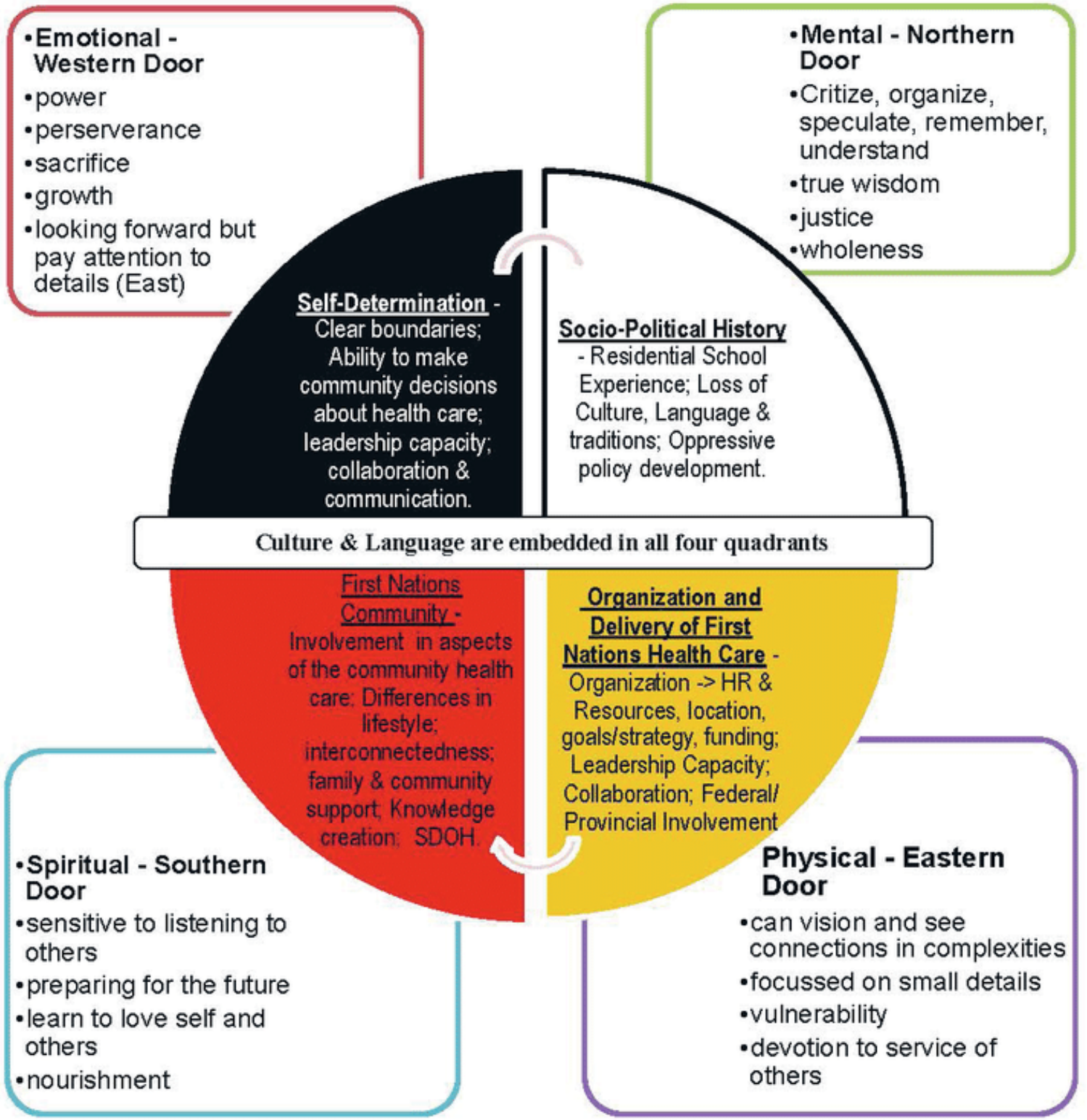
POSTCOLONIAL
PSYCHOLOGY

EDUARDO DURAN
BONNIE DURAN

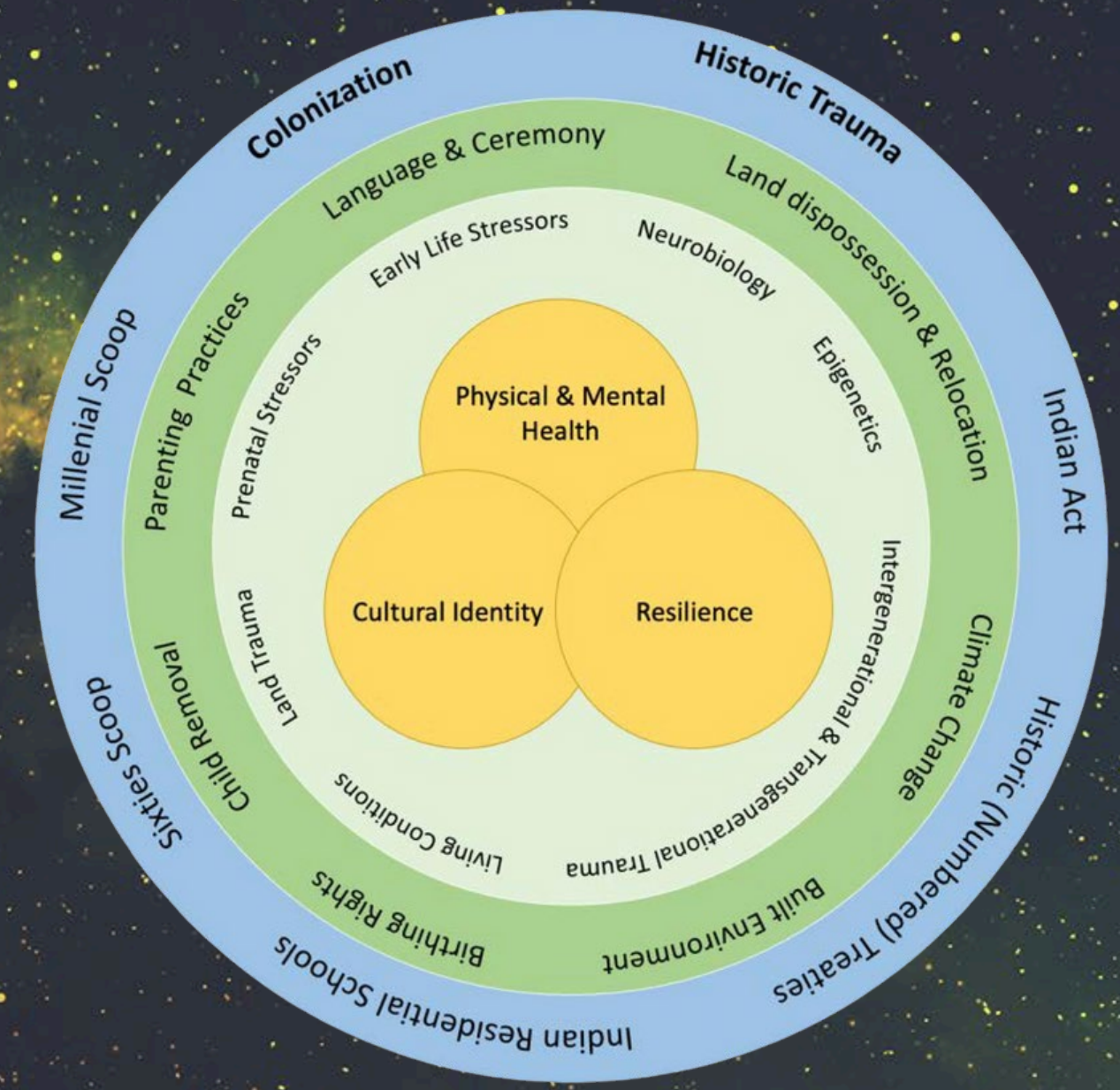


Embracing Tribal Traditional Tools



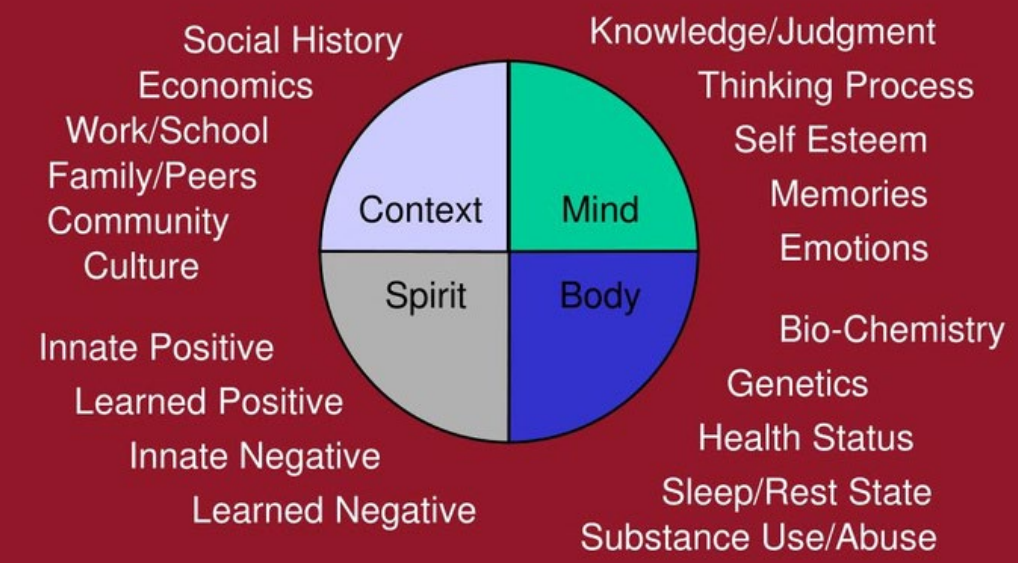


Terry Cross's
Relational
Worldview Model



Relational Worldview

Individual and Family Level



Student Projects

NWIC



Nooksack Tribe



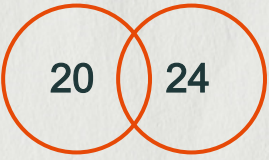
GENERATIONAL HEALING.

WEAVING IN TRADITION.

Self-relying ways to harvest | Using repetition to ease anxiety with sitmuli (vagas nerve). | Incorporating patience, storytelling, moderation, and communal projects .

Student Projects

NWIC



Port Gamble S'Klallam Tribe



CANOE JOURNEY.

Respecting and honoring the waterways . Using strength and endurance to work as a team .

WORKING WITH YOUTH.

"I got my life back."



Student Projects

NWIC



Oglala Tribe



RECONNECTING NATIVE.

LAKOTA HEALING JOURNEY.

Disconnection leading to self-reflect | Embracing ancestral memory |
Facing grief and loss head on |



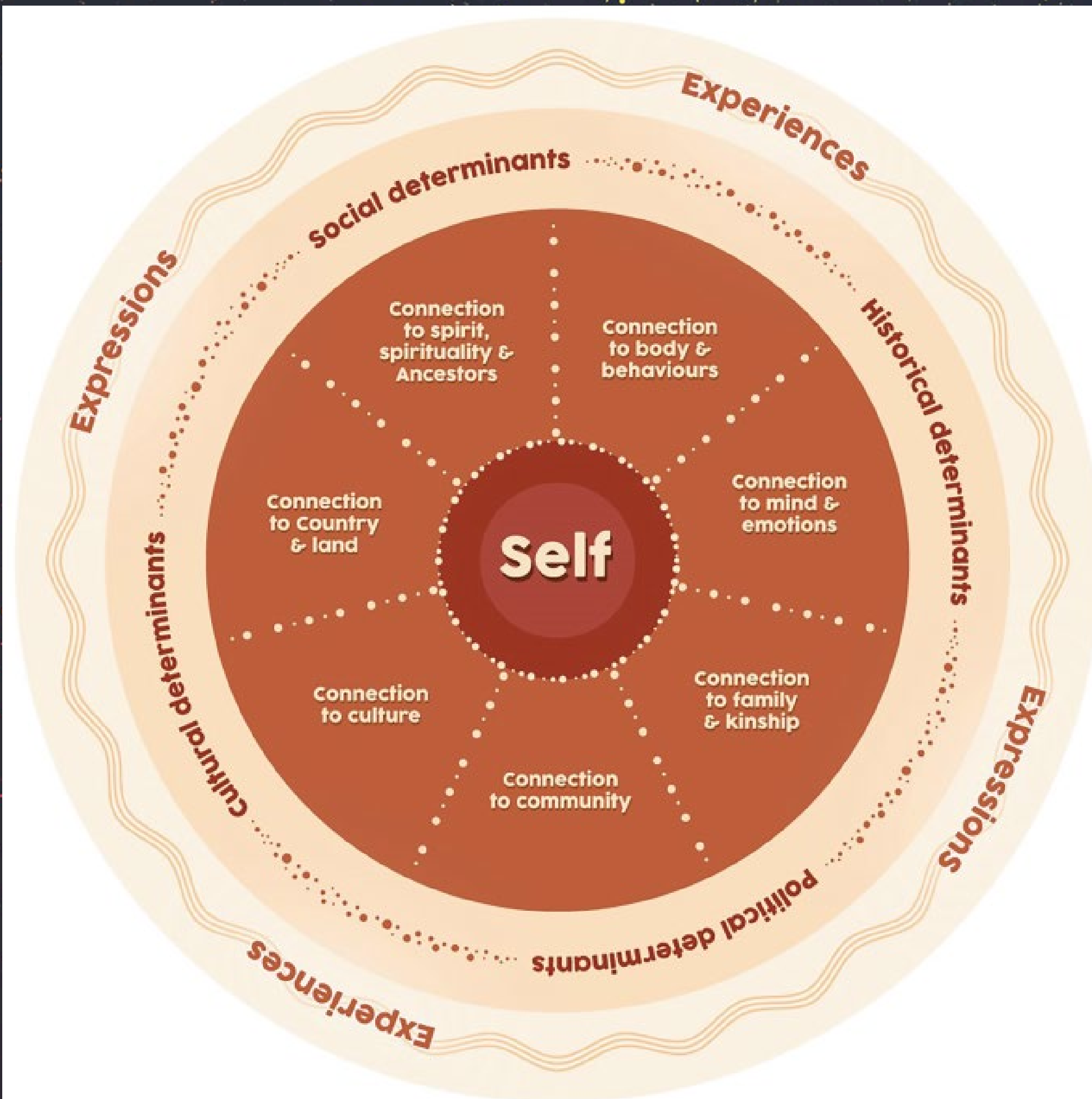
Cultural Connectedness



“The past is not a burden; it is a scaffold which brought us to this day. We are free to be who we are—to create our own life out of our past and out of the present. We are our ancestors. When we can heal ourselves, we also heal our ancestors, our grandmothers, our grandfathers and our children. When we heal ourselves, we heal Mother Earth.”

Grandmother Rita Pitka Blumenstein, Yup'ik, Tununak, Alaska, International Council of Thirteen Indigenous Grandmothers





SEWB Diagram adapted from Gee et al., (2014)

Thank you!



"MUCH LIKE OUR MOTHER EARTH
IS CONSTANTLY RENEWING AND
REPAIRING HERSELF, WE AS
INDIGENOUS PEOPLES ARE IN A
CONSTANT PROCESS OF
LEARNING, DECOLONIZING,
HEALING, AND GROWING."

@hozhocenter

“

We need non-Indigenous Peoples and institutions to go beyond land acknowledgement, to go beyond those square boxes, and learn about the traditions of the Peoples whose lands you are visiting and living on... Make connections with the local Indigenous people of your area and learn about the land from their oral history and perspective.

— Chenae Bullock (Shinnecock)
Founder, Moskehtu Consulting

Cultural Survival Quarterly September 2021 issue is out now!
www.cs.org

