

Meningococcal disease is a rare but very serious bacterial illness.

*The best way to protect your child is to make sure they **get vaccinated.***

Even if treated quickly, meningococcal disease can cause long-term problems or be deadly.

Preteens, Teens, and Young adults

Preteens should get 1 dose of **MenACWY** vaccine at 11 or 12 years old.

Teens should get a **MenACWY** booster dose at 16 years old.

Teens and young adults may also be vaccinated with **MenB** vaccine between 16 and 18 years old.



Makai, Siletz tribal member

Meningitis and bloodstream infection are common outcomes

With meningococcal meningitis, the lining of the brain and spinal cord become infected and swell. Symptoms include sudden onset of fever, headache, and stiff neck.

There can be additional symptoms such as:

- Nausea and vomiting
- Sensitivity to light
- Confusion

Vaccine side effects are usually mild

Meningococcal vaccines are safe. Most people who get a vaccine do not have any serious problems.

Side effects are usually mild and go away on their own in a few days. Serious reactions are possible but rare.

www.npaihb.org/native-boost